

Client Case Study

Major Medical Institution

MyHealthMath®

About the Client:

- 5,000 benefits eligible employees
- 3 plan options
- 2019: First year offering an HSA-eligible plan

A major medical institution provided MyHealthMath personalized decision support to their employees for three consecutive years. Each year brought employees and the employer increased savings.

In our latest survey, 95 percent of employees were satisfied with MHM.

Employee Migration and Savings (2019)



Employees who used MHM changed their plan **3.8x** as often as those who didn't use MHM.



Employees who used MHM saved an average of **\$924** a year



80% of employees who used MHM chose their optimal health plan

MyHealthMath Increased Use of High Deductible Health Plans (HDHP) and Health Savings Account

- 37 percent of employees who used MHM moved into a HDHP compared to 8 percent who did not use MHM.

That's a 4.7x increase in employees who chose a HDHP!

- Employees who used MHM contributed 30 percent more to their HSA.

Employer Saved Too

Employees who used MHM saved the employer money on premium subsidies and payroll taxes.



Employees who used MHM saved the employer **\$383** on premium subsidies.

Employees who used MHM saved the employer **\$138** in payroll taxes.

When accounting for employer HSA contributions, the employer saved **\$80,715** by partnering with MHM.

Savings Continued in 2020

Employees who used MHM:

- Changed their plan **5x** more than employees who did not use MHM.
- Saved **\$1,188** on average.

The employer:

- The employer saved an additional **\$455** per employee on premium subsidies