



Choosing a health plan just got easier.

Decision Doc™ will help you select the health plan that best matches your specific needs.

Scan to Get Started



www.myhealthmath.com/dotfoods2023

1. Go to www.myhealthmath.com/dotfoods2023 and answer a series of questions about you and your family's specific medical needs.
2. Receive an instant report showing which health plan will save you the most money. Edit responses to see how different medical needs may change your results.
3. Save or print your report and use the information to make an informed health plan selection. If you have questions, please reach out to questions@myhealthmath.com.

Don't miss out! Employees who use Decision Doc save \$1,300 a year on average.



The information you share is completely confidential, and your personal information is never shared. MyHealthMath uses aggregated, de-identified information in its analytics. No personal financial information or SSN are required.



MyHealthMath®